



DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): _____

Email: _____

Telephone: _____

WARNING! ALL INDIVIDUALS ENTERING THE FACILITY AND/OR PARTICIPATING IN SANCTIONED ACTIVITIES MUST COMPLY WITH THIS DECLARATION

Curling Canada, and Norwood Curling Club Inc. (collectively the "Organization") require the disclosure of exposure or illness, in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent. An individual who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above hereby acknowledge and agree to the terms outlined in this document:

1. The coronavirus disease, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
2. The individual has not been diagnosed with COVID-19. OR If the individual was diagnosed with COVID-19, the individual was cleared as non-contagious by provincial or local public health authorities.
3. **If** the individual is a front-line worker (such as hospital staff, long term care staff, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19), the individual has worn proper and approved Personal Protective Equipment at all times whenever they interacted with an individual who has a confirmed or suspected case of COVID-19 in the last 14 days.
4. **If** the individual is not a front-line worker, or other individual who interacts with individuals who have confirmed or suspected cases of COVID-19, they have not been exposed to a person with a confirmed or suspected case of COVID-19 in the last 14 days.
5. The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual agrees to assume those risks, including but not limited to exposure and being infected.
6. The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).

7. If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.

8. If the individual travels, or if anyone in the individual's household travels, outside Canada after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.

9. The individual is following recommended guidelines, including but not limited to, practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.

10. The individual will follow the safety, physical distancing, and hygiene protocols of the Organization.

11. The individual will bring their own personal items and personal equipment (such as water bottles, bags, towels, etc.) at their discretion and will not share their personal items or equipment with other individuals.

12. This document will remain in effect until the Organization, per the direction of the provincial government and provincial health officials, determines that the acknowledgements in this Declaration of Compliance are no longer required.

13. The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: _____
Individual

Date: _____

Norwood Curling Club Inc.

Waiver, Warnings & Recommendations to All Curlers

The Norwood Curling Club Inc. (NCC) wants all people who are considering the sport of curling to do so in a safe manner and to be aware of the inherent risks associated with the sport. All curlers should read and sign this form before they access the curling ice. All curlers are advised as follows:

Description and Acknowledgement of Risks

I understand and acknowledge that:

1. Curling and related activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life. The sport of curling is played on a sheet of ice, which is slippery, hard, and dangerous;
2. People who fall on the ice can incur injuries to various parts of their bodies. If a curler's head hits the ice or a curling rock, significant injuries can occur. Such individuals should seek medical care and advice.
3. People who suffer from dizziness or light headedness, who become dis-oriented or who are not steady on their feet should not go onto curling ice.
4. Special caution should be taken on the first step from carpet onto ice
5. The coronavirus disease COVID-19, has been declared a worldwide pandemic by the WorldHealth Organization and COVID-19 is extremely contagious. NCC has put in place preventative measures to reduce the spread of COVID-19; however, NCC cannot guarantee that you will not become infected with COVID-19. Further, participating in NCC activities could increase your risk of contracting COVID-19.
6. I acknowledge receiving and signing Curling Canada/NCC's Declaration of Compliance - COVID-19

Recommendations:

1. All curlers should wear head protection (helmets) while on the ice
2. Unless throwing a rock, wear a gripper on each foot
3. Do not backup on the curling ice
4. Be aware of what rocks are around you at all times and never push a rock towards another curler without their knowledge

I acknowledge that I have read this form and I declare that I will not hold NCC, its Officers and Directors or any instructors associated with NCC activities responsible for any injury incurred by falling or any other means, including the contraction of COVID-19 while involved in NCC activities.

Curler Name: _____

Curler Signature _____

Date: _____